

Goals and Objectives 2024 Warren/Washington County Office of Community Services

Carrie Wright, Program Analyst (wrightc@warrencountyny.gov)

Goal 1

Goal 1: Title Strengthen Opportunities to Prevent Mental Health and Substance Use Disorders

Goal 1: Target Completion Date Jun 30, 2027

Goal 1: Description According to the local community health assessment data conducted by Adirondack Rural Health Network adults in our two counties have higher than average binge drinking as well as a higher rate of suicide than benchmarks in the NYS DOH Prevention Agenda. Additionally, in a local community survey that was conducted, out of the 3 biggest "health problems" in the community, 2nd and 3rd problems identified by the community were mental health problems and substance use/abuse. The top 2 suggested areas for improvement and how to address those areas of concern were increased access to mental health resources and access to substance use treatment and recovery.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes Goal 1: Need Addressed 1 Prevention

Goal 1: Need Addressed 2 Cross System Services

Goal 1: Need Addressed 3 Adverse Childhood Experiences

Goal 1, Objective 1: Title Reduce the percentage of adults that report a depressive disorder

Goal 1, Objective 1, Target Completion Date Jun 30, 2025

Goal 1, Objective 1, Description Reduce depressive disorder from 18 percent to 15 percent.

Goal 1, Objective 2: Title Reduce the percentage of adults that report poor mental health

Goal 1, Objective 2, Target Completion Date Jun 30, 2025

Goal 1, Objective 2, Description Reduce from 8% to 5%

Goal 1, Objective 3: Title Reduce and prevent substance use deaths and overdoses

Goal 1, Objective 3, Target Completion Date Jun 30, 2025

Goal 1, Objective 3, Description We have a higher mortality rate compared to upstate NY and also a higher rate of admission for OASAS substance use disorder treatment programs.

Goal 1, Objective 4: Title Reduce self-inflicted hospitalizations and suicide

Goal 1, Objective 4, Target Completion Date Jun 30, 2025

Goal 1, Objective 4, Description Decrease rate of suicide from 11 to 7 per 100.000 and decrease rate of self-inflicted hospitalizations from 9 to 6 per 10,000

Goal 1, Objective 5: Title Advance community and provider education and awareness through AXIS and our CSB subcommittees and other various cross-systems committees to plan and coordinate services

Goal 1, Objective 5, Target Completion Date Jun 30, 2025

Goal 1, Objective 5, Description Utilize these meetings to introduce new programs and services in the community that can address the substance use and mental health needs of the community.

Goal 2

Goal 2: Title Increase access to flexible behavioral health and substance use services

Goal 2: Target Completion Date Jun 30, 2027

Goal 2: Description Warren and Washington counties have a higher rate of alcohol related motor vehicle injuries and deaths as well as a higher percentage of binge drinking and opioid mortality rate that is higher than Upstate NY. Additionally, the adults in Warren and Washington Counties have a higher rate of depressive disorder as well as a higher rate of ageadjusted suicides and self-inflicted hospitalizations.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes Goal 2: Need Addressed 1 Cross System Services Goal 2: Need Addressed 2 Outpatient treatment

Goal 2: Need Addressed 3 Crisis Services

Goal 2, Objective 1: Title Reduce the rate of suicide and self-harm in our two county region as well as offer supports to families who have experienced this loss Goal 2, Objective 1, Target Completion Date Jun 30, 2025 Goal 2, Objective 1, Description Goal 2, Objective 2: Title Continued coordination of crisis services and expansion of the mobile crisis services to a 24 hr/7 davs a week model Goal 2. Objective 2. Target Completion Date Jun 30. 2025 Goal 2, Objective 2, Description Goal 2, Objective 3: Title Expand mobile crisis services to 24 hour/7 day a week model Goal 2, Objective 3, Target Completion Date Jun 30, 2025 Goal 2, Objective 3, Description Goal 2, Objective 4: Title Explore 911 diversion of non-emergency mental health related calls to Mobile Crisis Goal 2, Objective 4, Target Completion Date Jun 30, 2025 Goal 2, Objective 4, Description Goal 2, Objective 5: Title Develop school-based mental health services in at least one new school district/site Goal 2, Objective 5, Target Completion Date Jun 30, 2024 Goal 2, Objective 5, Description Goal 2, Objective 6: Title Expand the use of peer outreach services in both mental health and substance use program models Goal 2, Objective 6, Target Completion Date Jun 30, 2025 Goal 2, Objective 6, Description Goal 2, Objective 7: Title Complete two additional CIT trainings and help improve re-integration into the community for justice-involved individuals Goal 2, Objective 7, Target Completion Date Jun 30, 2025 Goal 2, Objective 7, Description Goal 2, Objective 8: Title Implement open-access model in outpatient mental health and substance use clinic treatment settings Goal 2, Objective 8, Target Completion Date Jun 30, 2025 Goal 2, Objective 8, Description Goal 3 Goal 3: Title Explore workforce shortage solutions Goal 3: Target Completion Date Jun 30, 2027 Goal 3: Description Documented workforce challenges contribute to barriers in access to care and nearly half of the US population - 47% or 158 million people - living in a mental health workforce shortage area https://www.kff.org/medicaid/issue-brief/a-look-at-strategies-to-address-behavioral-health-workforce-shortages-findingsfrom-a-survey-of-state-medicaid-programs/ We are a mental health HPSA designated area.

https://data.hrsa.gov/tools/shortage-area/hpsa-find

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes Goal 3: Need Addressed 1 Outpatient treatment Goal 3: Need Addressed 2 Workforce Goal 3: Need Addressed 3 Crisis Services

Goal 3, Objective 1: Title Explore ways to enhance and disseminate programs and resources that support workforce concerns in mental health, substance use and intellectual/developmental disability program areas Goal 3, Objective 1, Target Completion Date Jun 30, 2025

Goal 3, Objective 1, Description Local and state survey and report data indicate that the primary concern for this job sector is the lack of affordable wages and compensation, particularly in relationship to the high level of responsibility and training that is required for workforce in these fields.

Continued partnership with local employment and training offices to disseminate appropriate trainings and job opportunities as they pertain to these service areas

Goal 3, Objective 2: Title Encourage and support agency policies that encompass holistic wellness of employees, allowing for increased flexibility

Goal 3, Objective 2, Target Completion Date Jun 30, 2025

Goal 3, Objective 2, Description Work with contract agencies administration as well as our Community Services Board and subcommittees to reframe the lens in which we view the day-to-day functioning of programs and agencies and possibilities to meet those needs in less traditional ways. The increased pressures of the economy, lack of available childcare are no longer a tenable paradigm for many individuals and families.

Goal 4

Goal 4: Title Prevention of ACES in the three disability areas programs and services

Goal 4: Target Completion Date Jun 30, 2025

Goal 4: Description https://www.health.ny.gov/statistics/brfss/reports/docs/adverse_childhood_experiences.pdf

https://www.cdc.gov/violenceprevention/pdf/preventingACES.pdf

Goal 4: OASAS? Yes Goal 4: OMH? Yes Goal 4: OPWDD? Yes Goal 4: Need Addressed 1 Prevention Goal 4: Need Addressed 2 Cross System Services Goal 4: Need Addressed 3 Adverse Childhood Experiences

Goal 4, Objective 1: Title Work with local pediatric and medical providers to encourage the use of screening tools that assess for ACES, mental health and substance use in youth and adults

Goal 4, Objective 1, Target Completion Date Jun 30, 2025

Goal 4, Objective 1, Description Early identification of ACES leads to early intervention in ways families can address the impact of trauma. This can help create early referrals and overall resilience for long-term health.

https://www.kpwashingtonresearch.org/application/files/7415/7618/7560/CCHE_ACEs_screening_lessons_12-2-19.pdf

Goal 4, Objective 2: Title Arrange for at least four additional local presentations of Adult and Youth Mental Health First Aid Community Training, including local school staff trainings

Goal 4, Objective 2, Target Completion Date Jun 30, 2025

Goal 4, Objective 2, Description Assist and support our local Council for Prevention as the primary training agency that provides Adult and Youth MHFA training in our community.

Goal 4, Objective 3: Title Continued implementation of the Systems of Care model and wraparound services

Goal 4, Objective 3, Target Completion Date

Goal 4, Objective 3, Description Systems of Care is a service delivery approach aimed at utilizing partnerships and providers into a coordinated network to best provide for the diverse needs of our community. Providers of services have specifically identified the need for this kind of process as well as additional wraparound services to support these needs.

Goal 5

Goal 5: Title Continued focus on housing and residential needs for those that access services within the three disability areas in our communities.

Goal 5: Target Completion Date Jun 30, 2025

Goal 5: Description Affordable housing options continue to be of paramount concern in our two-county region but particularly for those that require mental health, substance use and/or intellectual developmental disability services. Our local community-based organizations and services

Goal 5: OASAS? Yes Goal 5: OMH? Yes Goal 5: OPWDD? Yes

Goal 5: Need Addressed 1 Housing

Goal 5: Need Addressed 2 Cross System Services

Goal 5: Need Addressed 3 Residential Treatment Services

Goal 5, Objective 1: Title The Office of Community Services and the community services board will continue to support options to increase the number of affordable housing units.

Goal 5, Objective 1, Target Completion Date Jun 30, 2025

Goal 5, Objective 1, Description Expanding access to housing options that are safe, affordable and person-centered is a high priority in our community

Goal 5, Objective 2: Title Expand use and normalization of the Coordinated Entry process

Goal 5, Objective 2, Target Completion Date Jun 30, 2025

Goal 5, Objective 2, Description HUD now requires all CoC funded agencies to participate in a Coordinated Entry system to help allocate our community housing resources more effectively, based on the level of need and vulnerability of the individual or family in need of housing.

Goal 5, Objective 3: Title

Goal 5, Objective 3, Target Completion Date Jun 30, 2025

Goal 5, Objective 3, Description