

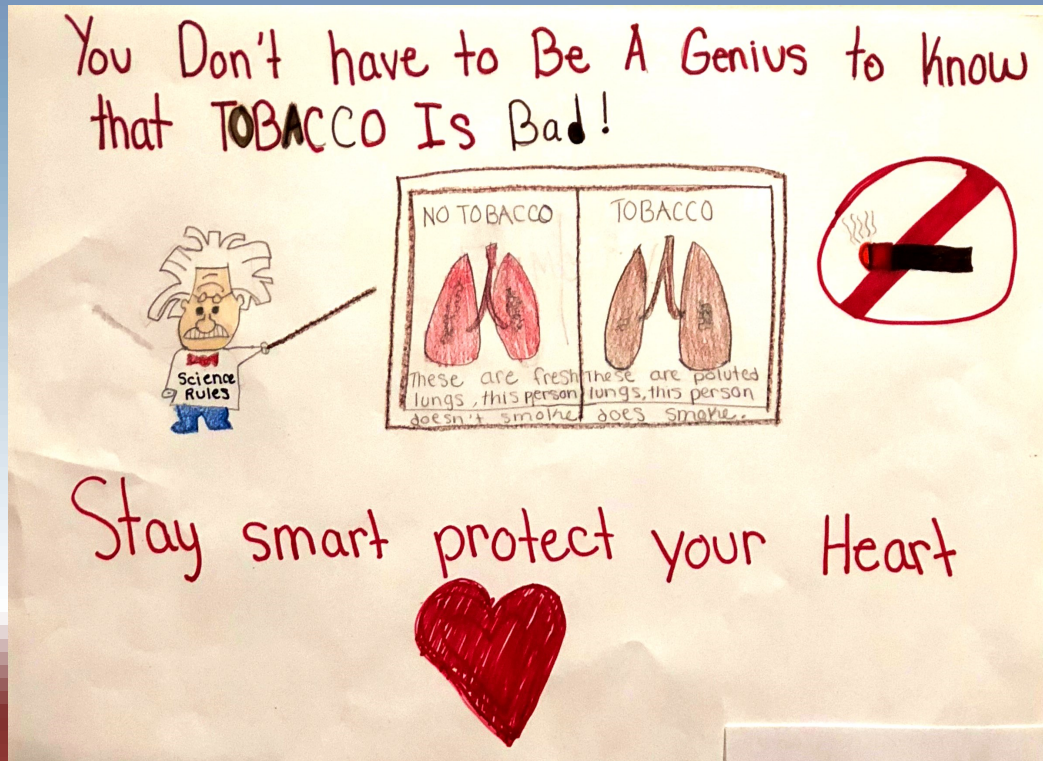
Warren County Health Services

2018 "Tar Wars"

Tobacco Free Poster Contest Winners

2019 Calendar

Working towards tobacco free communities through education and partnerships.



Natalie Zachar — 4th Grade
Kensington Elementary School

*"Tar Wars" 2018 Tobacco Free Poster Contest Winner
and Warren County Overall First Place Winner*



Public Health
Prevent. Promote. Protect.

Warren County Health Services
Division of Public Health



Special Thanks To:

**Stewart's
Shops**



For providing gift cards to our poster contest winners this year. Thank you for helping Warren County Public Health recognize those students that created the wonderful posters seen in this calendar.



Kittery VanGuilder — 4th Grade
Hadley-Luzerne Elementary School

"Tar Wars" 2018 Tobacco Free Poster Contest Winner and Warren County Overall Second Place Winner

Warren County Public Health

Our mission is to promote physical and mental health and to prevent disease, injury and disability
518-761-6580

www.warrencountyny.gov/healthservices

American Academy of Family Physicians

The mission of the AAFP is to improve the health of patients, families, and communities by serving the needs of members with professionalism and creativity.

www.aafp.org

Resources for Tobacco Information and Cessation:

New York State Smoker's Quitline

1-866-697-8487 — www.nysmokefree.com

Glens Falls Hospital

Tobacco Cessation & Education Services
518-926-5926

www.glensfallshospital.org

National Cancer Institute's

Smoke free website encourage people to lead healthier, smoke free lives.

SmokeFree.gov

Campaign for Tobacco Free Kids

www.tobaccofreekids.org

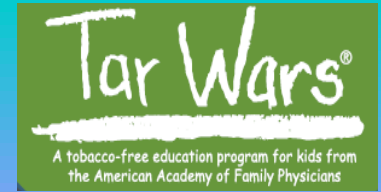
"Tar Wars" Tobacco Free education program is presented in cooperation with the American Academy of Family Physicians & New York State Academy of Family Physicians.

Did you know?

In November 2017, NYS passed a law banning the use of all E-cigarettes, vape pens, etc. indoors everywhere that smoking tobacco products is also prohibited in the state.

- **NYSDOH - E-Cigarettes Added to NYS Clean Indoor Air Act**

JANUARY 2019



Layna Ward — 4th Grade
Bolton Central School
“Tar Wars” 2018 Tobacco Free
Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr. Day	22	23	24	25	26
27	28	29	30	31		

FEBRUARY 2019

Did you know?

In NYS over 2 million adults smoke, and 35,000 high school students smoke. Most high school students say they tried their first full cigarette by age 13.

- NYSDOH - Smoking and Tobacco Use



Riley Huck — 5th Grade
Bolton Central School
“Tar Wars” 2018 Tobacco Free
Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Valentine's Day	15	16
17	18 President's Day	19	20	21	22	23
24	25	26	27	28		



Public Health
Prevent. Promote. Protect.

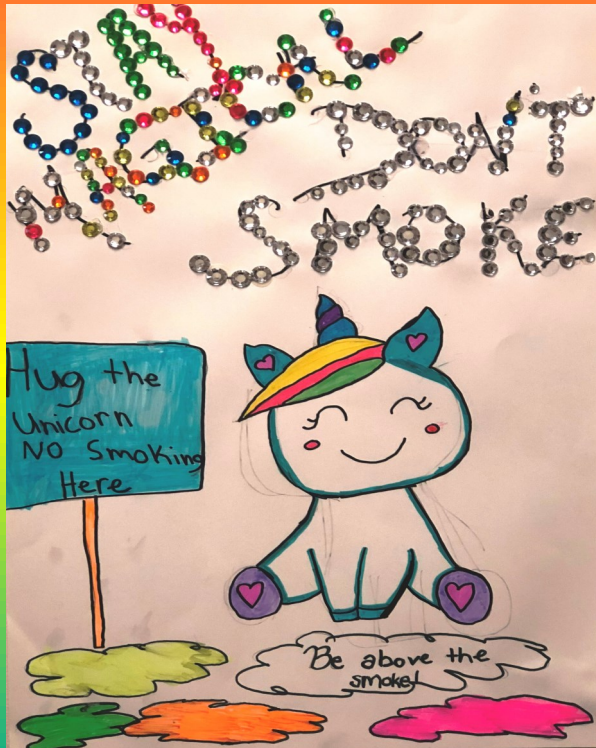
Warren County Health Services
Division of Public Health

Did you know?

18.8% of Warren County Adults smoke, this percentage is 3% above NYS average and 2% over the national average.

-Healthy ADK, Warren County Data Profile

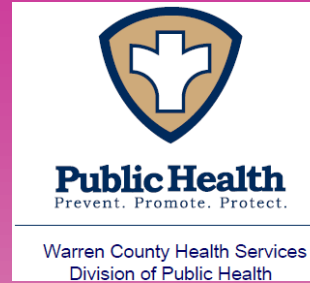
MARCH 2019



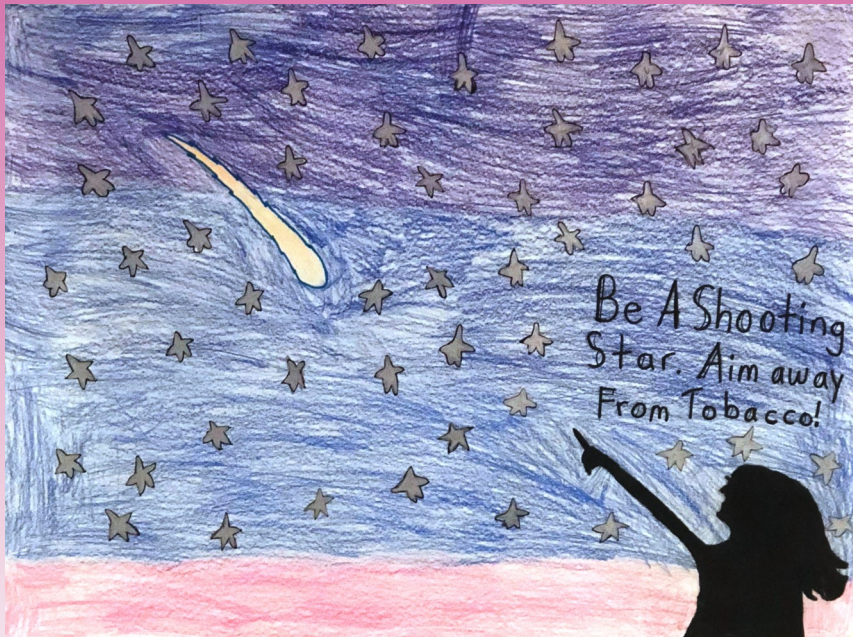
Alexis Graham — 4th Grade
Hadley-Luzerne Elementary School
*“Tar Wars” 2018 Tobacco Free
Poster Contest Winner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10 Daylight Saving Time	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20	21 Kick Butts Day	22	23
24	25	26	27	28	29	30
31	Make Tobacco HISTORY Ending the epidemic for good.					

Fast Fact—
16 million Americans are living with a disease
related to smoking.
- Centers for Disease Control



APRIL 2019



Haley Mosher — 4th Grade
 Johnsburg Elementary School
 "Tar Wars" 2018 Tobacco Free
 Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 Passover Begins
21 Easter Sunday	22	23	24	25	26	27
28	29	30				

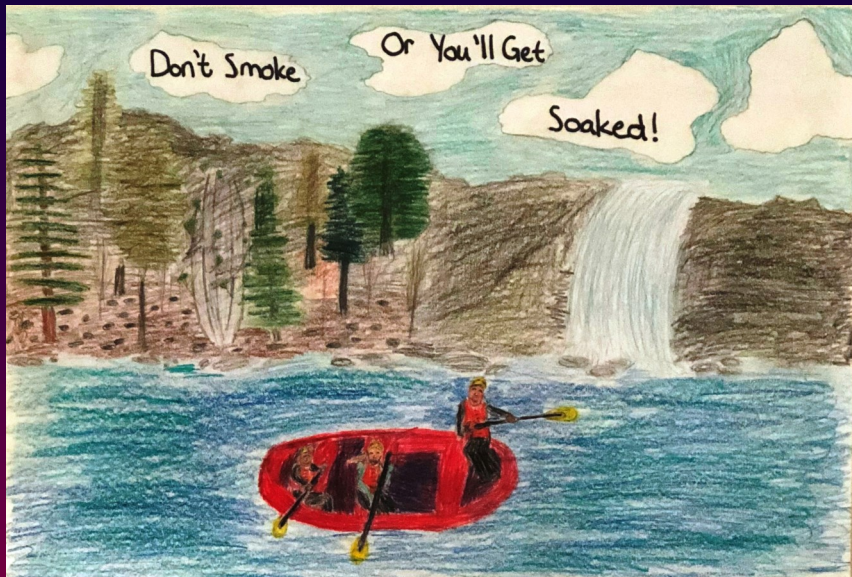
Did you know?

Approximately 350 kids under the age of 18 become regular smokers each day – one in three will eventually die as result.

MAY 2019



-Campaign for Tobacco Free Kids



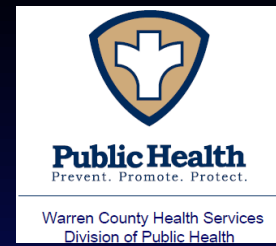
Lillian SanAntonio — 5th Grade
Johnsburg Central School
*"Tar Wars" 2018 Tobacco Free
Poster Contest Winner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31 World No Tobacco Day	

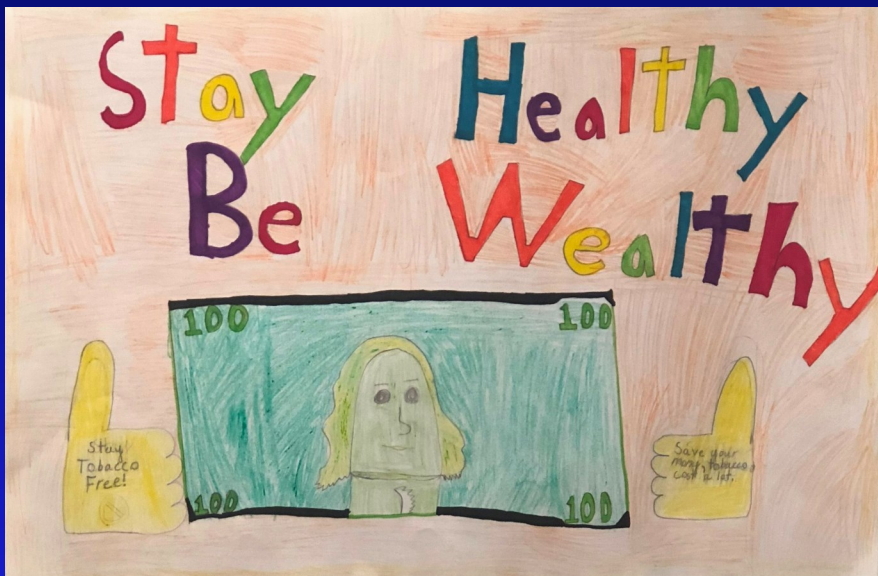
Get the facts!

E-cigarette use does not prevent or "protect" youth from smoking. Adolescents and young adults who use e-cigarettes are at increased risk for starting smoking and continuing to smoke.

JUNE 2019



-NYSDOH Get the Facts



Kari Lynn — 4th Grade
 Lake George Central School
 "Tar Wars" 2018 Tobacco Free
 Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Flag Day	15
16 Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30	It's time to CLEAR THE AIR in the North Country					



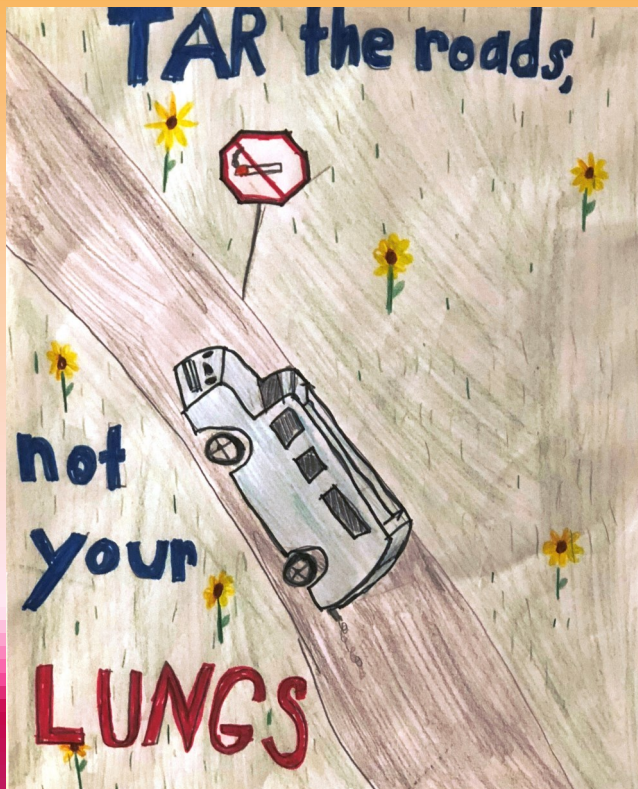
Get the facts!

The major tobacco companies now spend \$9.5 billion per year—nearly \$26 million every day—to promote their products, and many of their marketing efforts directly reach kids.

-Campaign for Tobacco Free Kids

JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



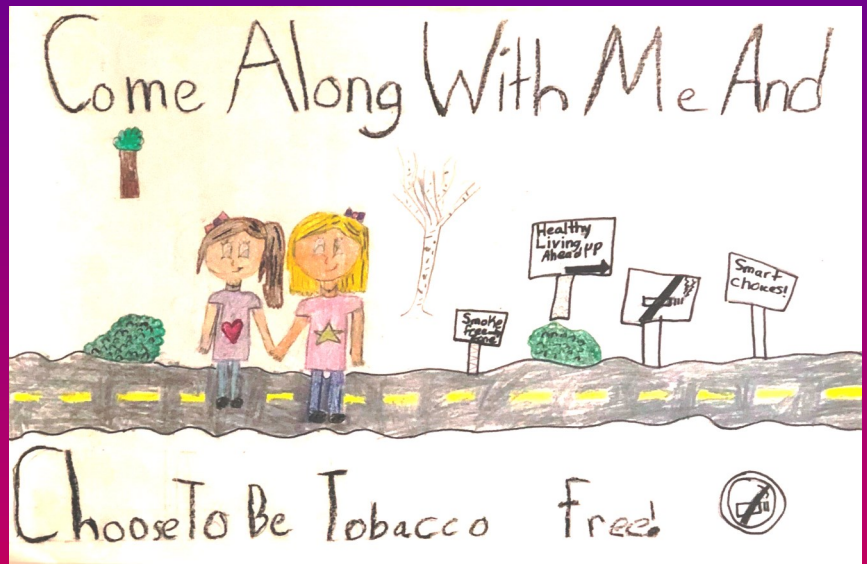
Alessandria Fasulo — 5th Grade
Lake George Central School
“Tar Wars” 2018 Tobacco Free
Poster Contest Winner



Did you know?
Tobacco use is the leading cause of preventable illness and death in the United States.
- American Lung Association



AUGUST 2019



Alexis Smith — 4th Grade
 North Warren Central School
*"Tar Wars" 2018 Tobacco Free
 Poster Contest Winner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2019

Did you know?

300 cities and counties in 19 states within the U.S. have raised the minimum purchase age of tobacco to 21.

-Tobacco 21



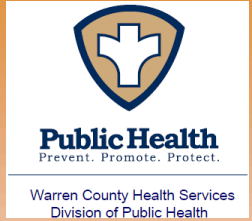
Lexis Millington — 5th Grade
 North Warren Central School
*"Tar Wars" 2018 Tobacco Free
 Poster Contest Winner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Did you know?

E-cigarettes are a 2.5 billion dollar business in the United States—and their marketing techniques tend to target kids and teens.



OCTOBER 2019

-The FACTS on E-Cigs



Angella Nguyen — 5th Grade
 St. Mary's, St. Alphonsus Catholic School
"Tar Wars" 2018 Tobacco Free Poster Contest Winner and Warren County overall third place winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Halloween		

NOVEMBER 2019

Did you know?

Nearly 9 out of 10 cigarette smokers first tried smoking by age 18, and 98% first tried smoking by age 26.

-CDC—Youth and Tobacco Use



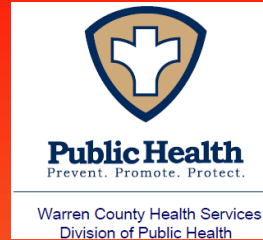
Allison Bleyenberg — 4th Grade
 Queensbury Union Free School District
 "Tar Wars" 2018 Tobacco Free
 Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Daylight Saving Time	4	5	6	7	8	9
10	11 Veteran's Day	12	13	14	15	16
17	18	19	20	21 Great American Smokeout	22	23
24	25	26	27	28 Thanksgiving Day	29	30



Did you know?
 Raising the legal minimum purchase age to 21 for tobacco products could save approximately 4.2 million lives for those born between 2000 and 2019 from smoking related deaths.

-Institute of Medicine—Report Brief



DECEMBER 2019



Colin McKeel—4th Grade
 Queensbury Union Free School District
 “Tar Wars” 2018 Tobacco Free
 Poster Contest Winner

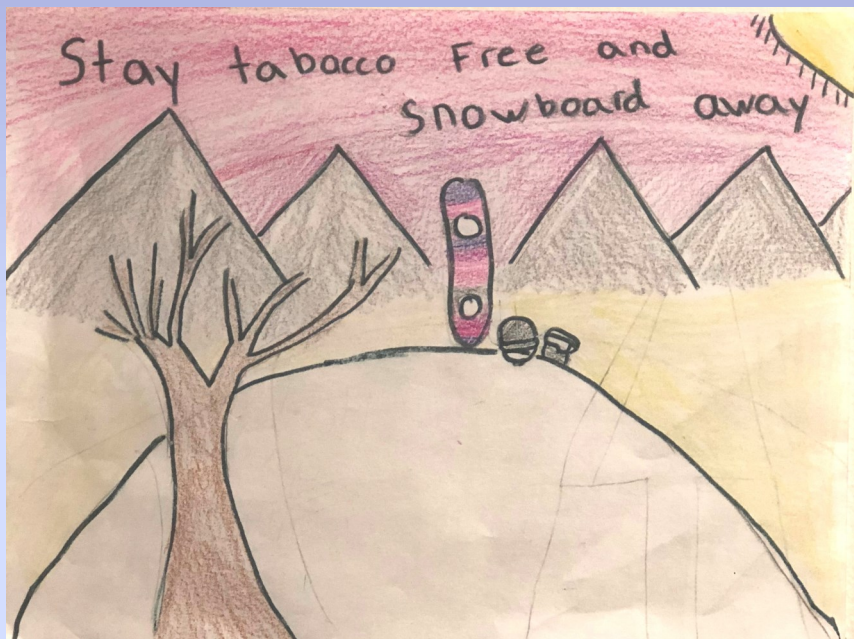
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22 First Day of Hanukkah	23	24 Christmas Eve	25 Christmas Day	26	27	28
29	30	31 New Year's Eve				

Fast Facts:

5.6 million of today's Americans younger than 18 will die early from a smoking-related illness.

-CDC—Youth and Tobacco Use

JANUARY 2020



Hailey Goodspeed—4th Grade
Warrensburg Elementary School
*"Tar Wars" 2018 Tobacco Free
Poster Contest Winner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Martin Luther King Jr.	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2020

Did you know?

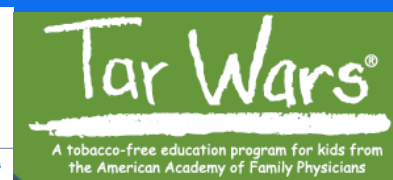
The American Lung Association estimates that each pack of cigarettes consumed costs our society \$18.05 in increased health care and work related costs.

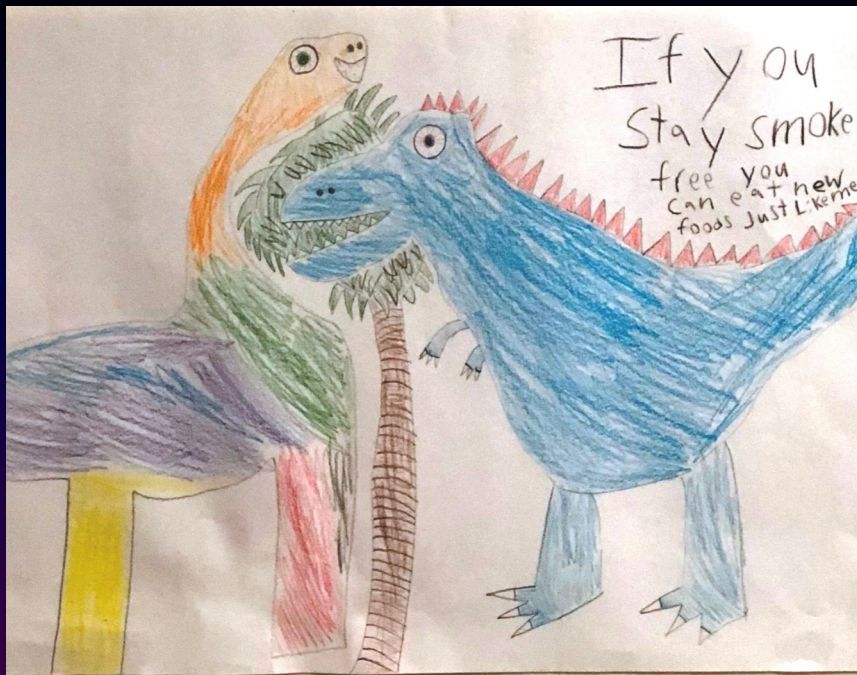
-Tobacco21—Critical Issues



Charlotte Measeck—4th Grade
 Warrensburg Elementary School
 "Tar Wars" 2018 Tobacco Free
 Poster Contest Winner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Valentine's Day	15
16	17 President's Day	18	19	20	21	22
23	24	25	26	27	28	29

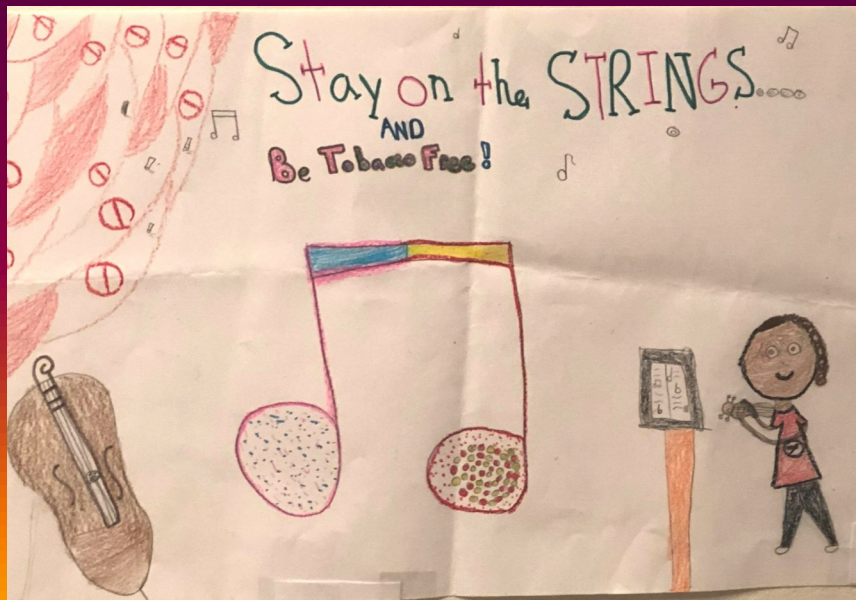




Cooper Ives—4th Grade
 Big Cross Elementary School
 “Tar Wars” 2018 Tobacco Free
 Poster Contest Winner



Nora Moynihan—5th Grade
 Glens Falls Middle School
 “Tar Wars” 2018 Tobacco Free
 Poster Contest Winner



Ava Jenkins—4th Grade
 Jackson Heights
 Elementary School
 “Tar Wars” 2018
 Tobacco Free
 Poster Contest Winner

