

WARREN/HAMILTON COUNTIES OFFICE FOR THE AGING  
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Deanna Park ♦ Director

**WARREN/HAMILTON COUNTIES ADVISORY COUNCIL MEETING**

DATE: January 30, 2019

LOCATION: Lake Luzerne Nutrition Site

ATTENDANCE: Deanna Park, Rose Ann O'Rourke, Sharon Grisenwaite, Roy Grisenwaite, Tom Kurimsky,  
Erica Mahoney, Ginelle Jones, Julie Smith,

MEETING CALLED TO ORDER: 11:00AM

MINUTES: Accepted.

**OLD BUSINESS:**

1. NYSOFA Annual Evaluation – went well.
  - a. NSI Score >6 = Referral to Dietitian
  - b. Targeting – no specific population this year, but always a topic
2. Flag/Quilt Fundraiser for Hamilton County Seniors in Need. Raised over \$200.
3. Menu Review – Completed and will be working on. Will put an article in the next newsletter with results.
4. NYSOFA Nutrition Evaluation – went well
  - a. HDM Temperature Monitoring Form - Need to include the time and temperature of foods when we are finished cooking.
5. Blizzard Packs – being distributed this month to HDM clients. Each pack includes two shelf stable meals to be used when the meal sites are closed due to bad weather, etc. We plan on doing another distribution in January.
6. EISEP (Expanded In-Home Services for Elderly People) Program – we are looking into ways to expand the services offered by this funding source in Warren and Hamilton Counties, such as finding more providers, social adult day care option, consumer directed option.
7. Website & Brochure Revisions
  - a. Website revision has been completed at OFA, just waiting on the IT department for it to go live.
  - b. Draft brochure was distributed at meeting and asked for any suggestions from the council.  
Please send any suggestions to Dee by 11/2/18. Thank you. We will then distribute to public.
8. Senior Picnic Held September 12<sup>th</sup>, over 200 seniors in attendance.
  - a. Suggested no DJ next year.
  - b. Rite Aid was not there to do flu shots. Rite Aid was scheduled to be there. OFA will confirm with them next year and/or arrange for Public Health to do the flu shots as well.
  - c. Liked Tai Chi class.
9. Public Hearing – Should dates, times, locations be revised? General feeling was no, but a suggestion was made to include this question in the Needs Assessment below.
10. 2018/2019 Needs Assessment – The intent behind the needs assessment is to get suggestions, ideas, etc. from the public, seniors and providers, as to what the needs of this population are, so we can ensure we are addressing these. OFA will be drafting and distributing around January. Suggestion was made to see if an electronic version could be an option.
11. Open Enrollment for Health Insurance started 10/15/18.
  - a. Fidelis is no longer providing one of their plans for this area in 2019, so a lot of seniors are having to find an alternate plan.
  - b. Seniors can call WHCOFA to schedule an appointment, call PH#1-800-MEDICARE or go to medicare.gov to get information on what health insurance plans will work for them.
12. HEAP Open Enrollment – Early outreach has already started, but the HEAP season officially starts in

November.

13. Article in The Post Star regarding contributions and volunteer drivers. Reviewed that at no time did anyone intend to imply that there were any wrong doings on the part of the drivers, staff, etc.
14. Senior Transportation Contracts with Towns
  - a. Reviewed purpose of contracts, eligibility requirements (60+), etc.
  - b. Concern that one town is not allowing seniors from another town to participate in their trips. WHCOFA will look into this, but encourages collaboration amongst towns
  - c. Current contracts with: Chester, Hague, Horicon, Johnsburg, Lake George, Lake Luzerne, Lake Pleasant, Long Lake, Stony Creek, Thurman, Warrensburg, Wells.
15. RSVP of Hamilton County
  - a. Very active in Wells. Collaboration is working well throughout Hamilton County.
  - b. Looking to coordinate delivery of meals from Indian Lake to Inlet.
16. Greater Adirondack Home Aides
  - a. Have an aide class starting next week.
  - b. Hoping to do three classes a year.
17. Warren County Veteran's
  - a. Distributed informational flyers.
  - b. Veteran's Emergency Trust – still developing, but are looking to provide services to vets, and their spouses, such as appliances, ramps, railings, painting, etc.

#### NEW BUSINESS:

1. Emergency HEAP – now open. WHCOFA staff are available to help with applications.
2. Senior of the Year Nominations – Due February 8<sup>th</sup> to WHCOFA. Nomination form attached.
3. Hamilton County Emergency Preparedness – Hamilton County has started a registry for individuals in need of assistance during emergencies. Hamilton County Public Nursing, WHCOFA, and other Hamilton County departments will be working on getting this information out there to Hamilton County residents and assisting them with enrolling in the registry.
4. DSRIP Funding Purchases – WHCOFA has utilized DSRIP funding to purchase: 1) night lights, 2) reachers, 3) pill boxes, 4) laminated emergency phone number sheets, 5) car decals and 6) new computers. The WHCOFA staff will be passing out the first five items during outreach events, as well as giving to public health to distribute to clients as well.
5. Advisory Council Elections – Please make nominations for Chair, Vice Chair to the WHCOFA to be voted on at the April meeting.

#### COMMUNITY PARTNERS REPORT:

Hamilton County Public Nursing

- a. Will be scheduling Tai Chi classes for 2019.

Wells Seniors

- a. Meal Site is almost finished with their remodeling.
- b. Are we required to deliver to all HDM clients? (There is an issue with one of the clients.) WHCOFA is required to deliver to anyone who meets the guidelines set forth by NYSOFA. However, if a volunteer driver does not feel safe delivering to someone, they can refuse. If this is the case, then an employee from WHCOFA will need to make the delivery. Meal site employees should reach out to the Director with any concerns to determine if any other measures need to be taken.
- c. Are there any services available for individuals who want to renew their licenses with vision issues? While ultimately, it is up to the DMV to renew someone's license, WHCOFA can make a referral to the Glens Falls Association for the Blind to see if there are any options available to clients, as well as make a referral to Legal Aid Society of Northeastern NY if a client feels there are legal issues. The individual in question will reach out to the client and make a referral to WHCOFA if they want our assistance.

Greater Adirondack Home Aides

- a. There has been an increase in referrals for PC1 and PC2 services by WHCOFA. GAHA may need to put new referrals on hold, and will reach out to WHCOFA if this is the case.
- b. Asked that we include Mary Lamkins in emails regarding advisory council.

Warren County Public Health

- a. Mentioned that some emergency personnel (EMT) volunteers will visit seniors who are at risk 1-2/month to do a welfare check. Will work on getting more information about this.

TOPICS OF DISCUSSION:

MEETING ADJOURNED: 11:30AM

NEXT MEETING: April 24<sup>th</sup> at 11:00AM, Indian Lake Meal Site