

# **Mental Health and Wellness Resource Guide for Residents of Warren & Washington Counties**

**Alcohol and Substance Abuse Services  
Mental Health Services  
Developmental Disabilities Services**



**COUNCIL FOR PREVENTION**

*Promoting Health and Well-Being*



# MENTAL HEALTH & WELLNESS RESOURCE GUIDE

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COUNCIL FOR PREVENTION

*Promoting Health and Well-Being*

**The Council for Prevention fosters healthy communities, schools, families, and individuals. The Council supports and encourages collaboration among leaders, professionals, and community members addressing the issues of mental health, substance abuse, disease prevention, treatment, and recovery.**

# Alcohol and Substance Abuse Services

## Community Support Services

### Alcoholics Anonymous

Call for meeting information.

(518) 793-1113

<http://www.aa.org>

### Council for Prevention, Inc.

#### Prevention Education

Provides substance abuse prevention activities and trainings throughout Warren and Washington Counties to raise public awareness about alcohol, substance abuse, and suicide prevention. Offers training in mental health first aid, substance abuse, suicide prevention, and Narcan use. Provides information, resources, and programs to schools, community members, individuals, and families.

#### Challenge Program

Group therapy focusing on outdoor activities and skill building for substance abusing youth, ages 13 – 18. Must be enrolled as a patient at the Center for Recovery in order to participate in the program.

10 LaCrosse Street, Hudson Falls, NY

(518) 746-1527

<http://www.councilforprevention.org/>

## **Hope and Healing Recovery Center**

A substance free community center for people 18 and older, providing peer driven and peer delivered support services. We embrace all pathways to recovery, exist as a resource hub to make community connections, provide recovery support for individuals and families, foster hope, and help sustain long term recovery. We are here to ask what we can do to help you with your recovery, and bring voices and visibility to recovery for individuals and their families.

2 Maple Street, Hudson Falls, NY

(518) 683-0968

[hopeandhealing@councilforprevention.org](mailto:hopeandhealing@councilforprevention.org)

## **Inpatient/Detoxification Services**

### **Conifer Park, Inc.**

79 Glenridge Road, Schenectady, NY

(518) 399-6446 • 1-800-989-6446

<http://www.coniferpark.com/>

### **Saint Mary's Hospital**

#### **Inpatient Rehabilitation**

427 Guy Park Avenue, 3rd Floor, Amsterdam, NY

(518) 841-7321

<http://www.smha.org/services/addiction.cfm>

## **Saint Peter's Addiction Recovery Center (SPARC)**

### **Inpatient Rehabilitation**

3 Mercycare Lane, Guilderland, NY  
(518) 452-6700

### **Inpatient Detoxification**

315 South Manning Boulevard, 6 Gabilove, Albany, NY  
(518) 525-1303  
<http://www.sphcs.org/AddictionRecoverySPARC>

## **Outpatient Clinic Services**

### **The Addictions Care Center of Albany, Inc.**

Provides individual and group treatment through a wide range of New York State OASAS certified clinical services.  
115 Ontario Street, Albany, NY  
(518) 434-2367  
<http://theacca.net/>

## **Baywood Outpatient Clinic**

Offers evaluation and treatment of alcohol and substance abuse including individual and group therapy, education and family support programs. Provides two levels of residential and case management services for persons with a substance use disorder. Community residences are located in Granville and Glens Falls. Supportive living apartments are located in Glens Falls. All programs are OASAS certified.

551 Bay Road, Queensbury, NY  
(518) 798-4221

## **Conifer Park, Inc.**

Offers treatment for alcohol and substance abuse disorders including dual diagnosis treatment, psychiatric assessments, individual and group therapy, and family support and treatment for adults and adolescents.

55 Elm Street, Glens Falls, NY  
(518) 793-7273 • 1-800-989-6446  
<http://www.coniferpark.com/>



## **Glens Falls Hospital**

### **Center for Recovery**

Outpatient clinic offering treatment for alcohol and substance abuse disorders, including psychiatric assessment and treatment for adolescents and adults.

101 Ridge Street, Glens Falls, NY  
(518) 926-7200

340 Main Street, Hudson Falls, NY  
(518) 747-8001

<http://www.glensfallshospital.org/services/Behavioral-Health/center-for-recovery.cfm>

## **Saint Mary's Hospital**

### **Addiction Services Clinic**

76 Guy Park Avenue, Amsterdam, NY  
(518) 843-4410

<http://www.smha.org/services/addiction.cfm>

## **Saint Peter's Addiction Recovery Center (SPARC)**

Outpatient clinics offering treatment for substance abuse to adults, adolescents and families. For evaluation information call:

845 Central Avenue, Albany, NY  
(518) 482-2455

## **Saint Peter's Addiction Recovery Center (SPARC) (continued)**

64 Second Avenue, Albany, NY  
(518) 449-5170

55 Mohawk Street, Cohoes, NY  
(518) 235-1100

636 New Loudon Road, Latham, NY  
(518) 783-5381

2925 Hamburg Street, Schenectady, NY  
(518) 357-2909

125 High Rock Avenue, Saratoga, NY  
(518) 885-6884

### **Other Services**

**Drinking Driver Program**  
(518) 525-1612

**Shelter Plus Care**  
(518) 449-5170

<http://www.sphcs.org/OutpatientRehabilitation>

## **Residential Services**

### **The Addictions Care Center of Albany**

Safe, supervised housing and recovery programs for men and women who are in the early to later stages of recovery.

90 McCarty Avenue, Building 2, Albany, NY

(518) 434-8083

<http://theacca.net/>

### **Saint Peter's Addiction Recovery Center (SPARC)**

#### **Men's Community Residence**

Halfway house designed to treat individuals recovering from alcoholism or drug addiction who need environmental support and guidance to promote ongoing sobriety and healthy living.

64 Second Avenue, Albany, NY

(518) 463-6044

<http://www.sphcs.org/OutpatientRehabilitation>

### **Transitional Services Association**

#### **Hedgerow House**

Halfway house designed to treat individuals recovering from alcoholism or drug addiction.

994 Route 67, Ballston Spa, NY

(518) 885-3872

<http://tsa-inc.org/our-programs/hedgerow-house/>

## **820 River Street, Inc.**

Provides two levels of residential and case management services that include a variety of certified residences, supportive living environments, and transitional and independent housing for individuals recovering from substance abuse disorders.

**Granville Community Residence (for women)** – (518) 642-9341

**13 Crandall Street Community Residence (for men)** – (518) 743-0475

**Lawrence Street Supported Apartments** – (518) 761-4104

<http://pyhit.com/>

## **Mental Health Services**

### **Community Support Services**

#### **Alliance for Positive Health**

Care management to HIV & non HIV individuals. Supportive services include: mental health, housing, transportation to essential appointments, substance use referrals and outreach, counseling and testing.

10 LaCrosse Street, Suite 12, Hudson Falls, NY

(518) 743-0703

927 Broadway, Albany, NY

(518) 434-4686

[www.allianceforpositivehealth.com](http://www.allianceforpositivehealth.com)

## **Glens Falls Hospital**

### **Coordinated Children's Services Initiative (CCSI)**

Assists in coordinating comprehensive services in the community to reduce out-of-home placements for emotionally disturbed children.

16 Pearl Street, Glens Falls, NY

(518) 926-7240

<http://www.glensfallshospital.org/>

## **Glens Falls Hospital**

### **Family Support Services**

Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.

1 Lawrence Street, Glens Falls, NY

(518) 926-7068

<http://www.glensfallshospital.org/>

## **Glens Falls Hospital Health Home**

### **Care Coordination Program**

Provides care coordination services to Medicaid funded adults with medical and psychiatric illness to assist with improving their healthcare.

16 Pearl Street, Suites 202-205, Glens Falls, NY

(518) 926-7240 • 1-855-414-4663

<http://www.glensfallshospital.org/>

## **Office of Community Services for Warren and Washington Counties**

### **Single Point of Access (SPOA)**

Process for review of referrals for high-intensity mental health services, including case management and residential services.

230 Maple Street, Suite 1, Glens Falls, NY

(518) 792-7143

<http://warrencountyny.gov/mhcs>

## **Office of Community Services for Warren & Washington Counties**

### **Assisted Outpatient Treatment (AOT)**

Process for investigation and petitioning of court-ordered Assisted Outpatient Treatment (AOT) for certain adults with mental illness who meet the eligibility criteria.

230 Maple Street, Glens Falls, NY

(518) 792-7143

<http://warrencountyny.gov/mhcs>

## **Parsons Child and Family Center**

### **Home and Community Based Services Waiver (HCBSW)**

Program provides intensive in-home services to the families of children with severe emotional disturbances in order to reduce hospitalizations or out-of-home placements.

102 Hackett Boulevard, Albany, NY

(518) 431-1663

<http://www.parsonscenter.org/>

## **Warren-Washington Association for Mental Health, Inc.**

### **Dual Recovery Program**

Program assists and provides individual and group support to adults that have serious mental illness and co-occurring alcohol and substance abuse disorders.

230 Maple Street, Suite 2, Glens Falls, NY

(518) 793-2352

<http://www.wwamh.org/>

## **Warren-Washington Association for Mental Health, Inc.**

### **Care Coordination Program**

Program assists adults and children who have serious mental illness to obtain medical, social, psychosocial, educational, financial and vocational services. Individuals with co-occurring alcohol and/or substance abuse may also be served by this program.

230 Maple Street, Suite 2, Glens Falls, NY

(518) 793-2352

<http://www.wwamh.org/>

## **Crisis Services**

### **Glens Falls Hospital Emergency Care Center**

#### **Emergency and Forensic Consultation Service**

Crisis consultations are provided on site 7 days a week, 24 hours a day, 365 days a year.

100 Park Street, Glens Falls, NY

(518) 926-3237

<http://www.glensfallshospital.org/>

### **Parsons Child and Family Center**

#### **Orissa Healy House**

Short-term crisis residence serving children ages 5 to 11 who cannot remain in their home due to psychiatric instability, but do not require acute care.

62 Academy Street, Albany, NY

(518) 426-2626

<http://www.parsonscenter.org/>



## **Parsons Child and Family Center**

### **Regional Adult Mobile Team - Warren/Washington Counties**

**Adult Mobile Crisis Services:** Mobile crisis services are available Monday through Friday, 12pm to 9pm to adult clients 18+. Services include clinical/risk assessment, mental status examination, safety planning and triage to appropriate services if necessary. Time-limited case management follow-up is available. Crisis team members are trained professionals experienced in dealing with crisis situations. Telephone consultation and information is also available to the family/natural supports of any adult experiencing a psychiatric crisis and to those working with such clients (e.g., social workers, case workers, school personnel).

375 Bay Road, Queensbury, NY

(518) 969-1140 dispatched by Glens Falls Hospital Behavioral Health Crisis Team

<http://www.parsonscenter.org/>

**Child/Adolescent Mobile Crisis Services:** Mobile crisis services are available Monday through Friday, 8am to 7:30pm for any child/adolescent (up to age 20 if still in day school and living at home) who is experiencing an emotional and/or behavioral crisis. Services include clinical/risk assessment, mental status examination, safety planning and triage to appropriate services if necessary. Time-limited case management follow-up is available. Crisis team members are trained professionals experienced in dealing with crisis situations. Telephone consultation and information is also available to the family of a child/adolescent experiencing an emotional and/or behavioral crisis and to those working with such children or adolescents and their families (e.g., social workers, case workers, school personnel).

375 Bay Road, Queensbury, NY

(518) 969-1140 dispatched by Glens Falls Hospital Behavioral Health Crisis Team

<http://www.parsonscenter.org/>

## **Parsons Child and Family Center**

### **Home Based Crisis Intervention**

The HBCI program is an intensive four to six week in-home service available to families in Warren, Washington and Saratoga counties, HBCI therapists will be on call twenty-four hours a day, seven days a week to help families manage crisis and provide support.

100 Saratoga Blvd., Malta, NY

(518) 527-5089

<http://www.parsonscenter.org/>

## **Veteran's Crisis Line Website**

The Veteran's Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

[www.veteranscrisisline.net/](http://www.veteranscrisisline.net/)

## **Warren/Washington Homeless Youth Coalition**

### **WAIT House - Help For Homeless Youth**

WAIT House Mission - To provide stability to youth who present themselves as homeless. This will be accomplished through the immediate provision of coordinated services; reunification of families where appropriate; the provision of supervised emergency and transitional housing, with the goal of personal responsibility and self-sufficiency.

10-12 Wait Street, Glens Falls, NY

24/7 Phone: (518) 798-4384

<http://www.hycwaithouse.org/>

## **Warren/Washington Rose House**

The Rose House is a self-referral service, which can be accessed through the Peer Warmline, available 24/7. Short-term crisis respite is available for adults (18+) who are experiencing psychiatric and/or emotional distress on a 24/7/365 basis. Stays typically vary from 1-5 days. In addition, we provide community mobile peer support and community based peer support services.

6 Montcalm Street, Glens Falls, NY

(518) 502-1172

<http://rosehouserespice.org/warrenwashington/>

## **Inpatient Services**

### **Capital District Psychiatric Center**

Acute and intermediate inpatient care for adults 18 years or older.

75 New Scotland Avenue, Albany, NY

(518) 549-6000

### **Ellis Medicine Mental Health Services**

#### **Adolescent Treatment Center**

Acute inpatient services for adolescents aged 11 to 18 years of age.

1101 Nott Street, Schenectady, NY

(518) 243-4411

## **Inpatient Care**

Acute inpatient services for patients who are 18 years and older.

1101 Nott Street, Schenectady, NY  
(518) 243-4224

<http://www.ellismedicine.org/services/mental-health.aspx>

## **Four Winds Saratoga**

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY  
(518) 584-3600

<http://www.fourwindshospital.com/>

## **Glens Falls Hospital**

Acute inpatient unit for adults 18 years of age and older.

100 Park Street, Glens Falls, NY  
(518) 926-3265

<http://www.glensfallshospital.org/>

## **Outpatient Clinic Services**

### **Adirondack Psychological Health Services**

Services offered include evaluations, consultation, psychotherapy, hypnosis, biofeedback, and pain management.

478 Glen Street, Glens Falls, NY

(518) 792-1410

### **Adirondack Samaritan Counseling Center**

Offers individual and family counseling, as well as anger management for adults and teens.

15 Boulevard, Hudson Falls, NY

(518) 747-2994

<http://www.adirondacksamaritan.org/>

### **Capital District Psychiatric Center**

#### **North Satellite Clinic**

Offers individual counseling for children and teenagers, ages 5 to 18.

Hudson Falls High School

80 East LaBarge Street

Hudson Falls, NY

(518) 681-4267

### **Glen Street Satellite Clinic**

Offers individual counseling for children and teenagers, ages 5 to 18.

100 Glen Street  
Glens Falls, NY  
(518) 223-0788

### **Catholic Charities**

Offers individual and family counseling, as well as counseling and support for victims of domestic violence.

35 Broad Street, Glens Falls, NY  
(518) 793-6212  
<http://catholiccharitiesusa.org/>

### **Ellis Medicine Mental Health Services**

#### **Child and Adolescent Outpatient Services**

Outpatient mental health program serves patients ages 4 to 18.

624 McClellan Street, Suite 202, 2nd Floor, Schenectady, NY  
(518) 382-2271

### **Outpatient Mental Health Clinic/Personalized Recovery Oriented Services for Adults and Young Adults**

Outpatient mental health program serves Medicaid or uninsured patients who are 18 years or older.

1101 Nott Street, Schenectady, NY

(518) 243-3300

<http://www.ellismedicine.org/services/mental-health.aspx>

### **Four Winds Saratoga**

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY

(518) 584-3600

<http://www.fourwindshospital.com/>

### **Glens Falls Hospital**

#### **Behavioral Health Services: Adult Outpatient Center**

Provides adults with a range of outpatient mental health treatment services, including psychiatric assessment and treatment.

100 Park Street, Glens Falls, NY

(518) 926-3210

<http://www.glensfallshospital.org/>

## **Glens Falls Hospital Cambridge Health Clinic**

Provides adult and children mental health services.

35 Gilbert Street, Cambridge, NY  
(518) 677-3441

## **Glens Falls Hospital Center for Children and Families**

Provides children, adolescents, and their families with a range of outpatient mental health services, including psychiatric assessment, treatment, and short term services for residents of Warren and Washington Counties.

One Lawrence Street, Glens Falls, NY  
(518) 926-7100  
<http://www.glensfallshospital.org/>

## **Glens Falls Hospital Intensive Day Treatment Program**

Provides a structured, intensive, outpatient treatment for adults with severe mental illness.

One Lawrence Street, Lower Level, Glens Falls, NY  
(518) 926-7220  
<http://www.glensfallshospital.org/>



## **Greenwich Regional Medical Center**

Offers a range of health services and social worker for mental health.

1134 NY29, Greenwich, NY

(518) 692-9861

## **Hudson Headwaters Health Network**

Offers a range of pediatric, adult, and geriatric behavioral health services - including mental health screenings to identify patients at risk, psychiatric evaluations, medication management, counseling and case management, as an extension of primary care services for network patients. Call your Hudson Headwaters Health Center for more information.

Bolton Health Center .....	(518) 644-9471	North Country Family Health (Champlain)....	(518) 298-2691
Chester-Horicon Health Center .....	(518) 494-2761	North Country OB/GYN (Glens Falls).....	(518) 792-7841
Fort Edward Kingsbury Health Center.....	(518) 824-8630	Queensbury Family Health .....	(518) 798-6400
Health Center on Broad St. (Glens Falls)....	(518) 792-2223	Schroon Lake Health Center .....	(518) 532-7120
Indian Lake Health Center.....	(518) 648-5707	Ticonderoga Health Center.....	(518) 585-6708
Moreau Family Health .....	(518) 761-6961	Warrensburg Health Center.....	(518) 623-2844
Moriah Health Center .....	(518) 942-7123	West Mountain Primary Care (Queensbury).	(518) 824-8610
North Creek Health Center.....	(518) 251-2541		

<http://www.hhhn.org/>

## **Psychotherapy Center**

Offers a range of psychiatric and psychotherapy health services which includes evaluations, consultations, and counseling.

597 Bay Road, Queensbury, NY  
(518) 793-1160

## **Psychological Associates**

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

551 Bay Road, Queensbury, NY  
(518) 798-4056

## **Saratoga Psychological Associates**

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

1 West Avenue, Suite 205, Saratoga Springs, NY  
(518) 587-0499

632 Plank Road, Clifton Park, NY  
(518) 587-0499

50 Century Drive, Latham, NY  
(518) 783-1063

711 Troy Schenectady Road, Latham, NY  
(518) 783-1063

<http://www.saratogapsych.com/>

## **St. Anne Institute**

Provides specialized evaluation and services, including family, individual, and group treatment.

77 Main Street, Hudson Falls, NY

(518) 747-7561

Intake and referral: (518) 437-6619

<http://stanneinstitute.com/>

## **True North**

Adult psychiatric services. Family therapy, child, teen groups, womens groups, workshops/classes.

499 Glen Street, Glens Falls, NY

(518) 798-9187

<http://www.truenorthat499glen.com>

## **Warren-Washington Association for Mental Health, Inc.**

### **Caleo Counseling Services**

Clinic provides children, adolescents and adults with a range of outpatient mental health services.

3043 State Route 4, Hudson Falls, NY

(518) 747-8243

<http://www.wwamh.org/>

## **Residential Services**

### **Parsons Child and Family Center**

#### **Miriam House**

Community residence serves adolescents ages 12-17, focusing on the development of life skills and preparation for community living.

64 Academy Road, Albany, NY

(518) 426-2625

<http://www.parsonscenter.org/>

### **Warren-Washington Association for Mental Health, Inc.**

Residential programs include licensed and transitional group homes and single site and scattered site apartments programs. Permanent housing is available through the Supported Housing Program and assists adults in locating and maintaining their own permanent housing. The Housing First Program provides permanent apartments to homeless individuals in an 18 unit apartment building.

3043 State Route 4, Hudson Falls, NY

(518) 747-2284

<http://www.wwamh.org/>

## **Social/Recreational Programs**

### **Glens Falls Hospital**

#### **Family Support Services**

Program offers respite and recreation care, sibling support, and a life skills/supported work program for seriously emotionally disturbed children and adolescents.

One Lawrence Street, Glens Falls, NY

(518) 926-7068

<http://www.glensfallshospital.org/>

### **Warren-Washington Association for Mental Health, Inc.**

#### **East Side Center**

Adult psychiatric rehabilitation program supports personal growth in various areas of life. Well-being and rehabilitation are supported through vocational and pre-vocational programs, supportive counseling, recreation and socialization activities, educational training, and health workshops.

230 Maple Street, Glens Falls, NY

(518) 793-4799

<http://www.wwamh.org/>

## **Vocational Services**

### **Community, Work and Independence (CWI)**

#### **Competitive Edge**

Full service employment agency specializes in job placement and job retention services for individuals with disabilities.

10 Harlem Street, Glens Falls, NY

(518) 793-4700

<http://www.cwinc.org/>

#### **Liberty House Foundation**

Psychiatric and vocational rehabilitation program utilizes the club house model to serve mentally ill and developmentally disabled individuals.

54 Bay Street, Glens Falls, NY

(518) 798-1066

<http://www.libertyhousefoundation.net/>

#### **Northeast Career Planning**

Provides vocational evaluations, counseling, and job placements, support and job retention services for individuals with disabilities or barriers to employment.

16 Pearl Street, Suite 208, Glens Falls, NY

(518) 812-0280

<http://www.northeastcareer.org/>

## **Warren-Washington Association for Mental Health**

### **Project C.H.O.I.C.E. (Creating Healthy Opportunities for Individual Choices in Employment)**

Twelve-week vocational program assists individuals in making important decisions about working. Time is spent taking stock of personal values and characteristics that have a significant impact on success in the workplace. Work preferences are examined to help individuals make choices that are likely to lead to satisfaction and success.

230 Maple Street, Glens Falls, NY

(518) 793-4799

<http://www.wwamh.org/>

## **Developmental Disabilities Services**

### **AIM Services, Inc.**

Dedicated to supporting the “power of potential” in people with disabilities.

4227 Route 50, Saratoga Springs, NY

(518) 587-3208

<http://www.aim-services.blogspot.com/>

### **NYSARC, Inc. – Warren, Washington, Albany Counties Chapter**

Provides residential services, day program services, service coordination, parent/family advocacy training, respite services, employment opportunities and community-based Medicaid waiver services to individuals with intellectual and other disabilities in Warren, Washington, and Albany Counties.

436 Quaker Road, Queensbury, NY

(518) 793-4204

<http://www.wwarc.org/wwarc.org/Welcome.html>

### **Battenkill Community Services**

Provides day habilitation, respite, and supported employment.

2549 State Route 40, Greenwich, NY

(518) 692-2819



## **Capital District DDSO**

Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, employment programs, and adaptive equipment.

3 Care Lane, Saratoga Springs, NY (Saratoga County)

(518) 583-2810

100 Glen Street, Suite 2D, Glens Falls, NY (Warren/Washington Counties)

(518) 743-0158

## **Catholic Charities Disabilities Services**

Provides residential services, in-home waiver services and support, service coordination, in-home respite, innovative day services, and specialized services for individuals with Prader-Willi Syndrome. Service coordination to individuals with traumatic brain injuries is also available.

1 Park Place, Suite 200, Albany, NY

(518) 783-1111

<http://ccdservices.org/>

## **Center for Disability Services**

Provides service coordination.

314 South Manning Boulevard, Albany, NY

(518) 437-5700

<http://www.cfdsnyc.org/htmlweb/cfdshome2.html>

### **Community, Work, and Independence, Inc. (CWI)**

Provides day programs, service coordination, employment programs, transitional services, clinical services, home and community-wavier services, family support, respite, residential services and assistance accessing adaptive equipment.

PO Box 303, 37 Everts Avenue, Glens Falls, NY

(518) 793-4700

<http://www.cwinc.org/>

### **Epilepsy Foundation of Northeastern NY**

Provides information and referral, service coordination, advocacy, counseling, and school and community education.

Three Washington Square, Albany, NY

(518) 456-7501

<http://old.epilepsyfoundation.org/local/efneny/#.UpYdnVp3vcs>

### **Southern Adirondack Independent Living Center (SAIL)**

Empowers individuals with disabilities by promoting independence, dignity, access, and respect. Provides advocacy, peer monitoring, equipment loans, accessibility counseling, computer training, and health insurance counseling.

71 Glenwood Avenue, Glens Falls, NY

(518) 792-3537

<http://www.sail-center.org/>

## **Liberty House Foundation**

Provides day programs and employment assistance.

54 Bay Street, Glens Falls, NY

(518) 798-1066

<http://www.libertyhousefoundation.net/>

## **Prospect Center**

Licensed diagnostic and treatment center and fully accredited educational facility offering multi-faceted services for at-risk and developmentally disabled individuals. Services provided include a range of medical, educational, early intervention, residential, family support and evaluation services.

133 Aviation Road, Queensbury, NY

(518) 798-0170

<http://www.prospectcenter.com/>

## **Vanderheyden, Inc.**

Provides housing and residential services, educational services, service coordination, family support, respite, and camp/recreation programs.

P.O. Box 219, Wynantskill

(518) 283-6500

<https://www.vanderheydenhall.org/index.php>

## **Wildwood Programs, Inc.**

Provides day programs, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, camp/recreation programs, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

2995 Curry Road Extension, Schenectady, NY

(518) 836-2300

<http://www.wildwood.edu/>

## On the Web

American Academy of Child & Adolescent Psychiatry: [www.aacap.org](http://www.aacap.org)

American Psychological Association: [www.apa.org](http://www.apa.org)

Center for Disease Control: [www.cdc.gov](http://www.cdc.gov)

Geriatric Mental Health Alliance of New York: [www.mhawestchester.org/advocates/geriatrhome.asp](http://www.mhawestchester.org/advocates/geriatrhome.asp)

Mental Health America: [www.NHMA.org](http://www.NHMA.org)

Mental Health Association in New York State, Inc.: [www.mhanys.org](http://www.mhanys.org)

Missing and Exploited Children: [www.missingkids.com](http://www.missingkids.com)

National Alliance on Mental Illness: [www.nami.org](http://www.nami.org)

National Council for Community Behavioral Health: [www.thenationalcouncil.org](http://www.thenationalcouncil.org)

National Institute of Mental Health: [www.nimh.nih.gov](http://www.nimh.nih.gov)

New York State Office of Mental Health: [www.omh.ny.gov](http://www.omh.ny.gov)

New York State Office of Alcoholism & Substance Abuse Services: [www.oasas.ny.gov](http://www.oasas.ny.gov)

New York State Office for People with Developmental Disabilities: [www.opwdd.ny.gov](http://www.opwdd.ny.gov)

Statewide Caregiving & Respite Coalition of New York: [www.scrny.org](http://www.scrny.org)

Substance Abuse and Mental Health Services Administration: [www.samhsa.gov](http://www.samhsa.gov)

Suicide Prevention Center of New York: [www.preventsuicideny.org](http://www.preventsuicideny.org)

Veteran's Crisis Line Website: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

## **By Phone**

Alliance for Positive Health: (518) 743-0703

Al-Anon/Alateen Hotline (for young people who are the relatives and friends of problem drinkers): 1-800-344-2666

Glens Falls VA Primary Care Clinic: (518) 798-6066

National Association for Children of Alcoholics: 1-888-55-4COAS

National Child Abuse Hotline: 1-800-799-7233

National Runaway Hotline: 1-800-621-4000

NYS Domestic Violence Hotline: 1-800-942-6906

OASAS New York State HOPEline- 1-877-8-HOPENY

Sexual Assault & Abuse Hotline: 1-800-656-HOPE (4673)

Suicide Prevention Hotline: 1-800-273-TALK (8255) Veteran's Press 1

United Way Northeast Region: 211

Upstate New York Poison Center: 1-800-222-1222

Warren County Sheriff: (518) 743-2500

## **Messaging**

Veteran's Crisis Line: Text to 838255



## **Need Further Guidance?**

Contact the Council for Prevention, Inc. at (518) 746-1527

**The Mental Health & Wellness Resource Guide was revised  
by the Council for Prevention, Inc.**

**For additional copies, please call (518) 746-1527 or  
email [allisonreynolds@councilforprevention.org](mailto:allisonreynolds@councilforprevention.org)**



COUNCIL FOR PREVENTION

*Promoting Health and Well-Being*