Mental Health and Wellness Resource Guide for Residents of Warren & Washington Counties

Alcohol and Substance Abuse Services
Mental Health Services
Developmental Disabilities Services

May 2014

COUNCIL FOR PREVENTION
Promoting Health and Well-Being
MENTAL HEALTH & WELLNESS RESOURCE GUIDE

Table of Contents

Alcohol and Substance Abuse ................................................................. 2
  Community Support Services .............................................................. 2
  Inpatient/Detoxification Services ....................................................... 3
  Outpatient Clinic Services ................................................................. 4
  Residential Services ....................................................................... 7

Mental Health Services ...................................................................... 8
  Community Support Services .............................................................. 8
  Crisis Services ...................................................................................... 11
  Inpatient Services .................................................................................. 12
  Outpatient Clinic Services ................................................................. 14
  Residential Services .......................................................................... 20
  Social/Recreational Programs ............................................................ 21
  Vocational Services ............................................................................. 22

Developmental Disabilities Services .................................................. 24

On the Web .......................................................................................... 29

By Phone .................................................................................................. 30
The Council for Prevention fosters healthy communities, schools, families, and individuals. The Council supports and encourages collaboration among leaders, professionals, and community members addressing the issues of mental health, substance abuse, disease prevention, treatment, and recovery.
Alcohol and Substance Abuse Services

Community Support Services

Alcoholics Anonymous
Call for meeting information.
(518) 793-1113
http://www.aa.org

Council for Prevention, Inc.

Prevention Education
Provides substance abuse prevention activities throughout Warren and Washington Counties to raise public awareness about alcohol, tobacco and other drug use. Provides information and resources to schools, community members, individuals, and families.

Challenge Program
Group therapy focusing on outdoor activities and skill building for substance abusing youth, ages 13 – 18. Must be enrolled as a patient at the Center for Recovery in order to participate in the program.
10 LaCrosse Street, Hudson Falls, NY
(518) 746-1527
http://www.councilforprevention.org/
Inpatient/Detoxification Services

Conifer Park, Inc.
79 Glenridge Road, Schenectady, NY
(518) 399-6446 • 1-800-989-6446
http://www.coniferpark.com/

Saint Mary's Hospital
Inpatient Rehabilitation
427 Guy Park Avenue, 3rd Floor, Amsterdam, NY
(518) 841-7321
http://www.smha.org/services/addiction.cfm

Saint Peter's Addiction Recovery Center (SPARC)
Inpatient Rehabilitation
3 Mercycare Lane, Guilderland, NY
(518) 452-6700

Inpatient Detoxification
315 South Manning Boulevard, 6 Gabrilove, Albany, NY
(518) 525-1303
http://www.sphcs.org/AddictionRecoverySPARC
Outpatient Clinic Services

The Addictions Care Center of Albany, Inc.
Provides individual and group treatment through a wide range of New York State OASAS certified clinical services.
115 Ontario Street, Albany, NY
(518) 434-2367
http://theacca.net/

Baywood Outpatient Clinic
Offers evaluation and treatment of alcohol and substance abuse including individual and group therapy, education and family support programs. Provides two levels of residential and case management services for persons with a substance use disorder. Community residences are located in Granville and Glens Falls. Supportive living apartments are located in Glens Falls. All programs are OASAS certified.
551 Bay Road, Queensbury, NY
(518) 798-4221

Conifer Park, Inc.
Offers treatment for alcohol and substance abuse disorders including dual diagnosis treatment, psychiatric assessments, individual and group therapy, and family support and treatment for adults and adolescents.
55 Elm Street, Glens Falls, NY
(518) 793-7273 • 1-800-989-6446
http://www.coniferpark.com/
**Glens Falls Hospital**

**Center for Recovery**
Outpatient clinic offering treatment for alcohol and substance abuse disorders, including psychiatric assessment and treatment for adolescents and adults.

101 Ridge Street, Glens Falls, NY  
(518) 926-7200  
340 Main Street, Hudson Falls, NY  
(518) 747-8001  
http://www.glensfallshospital.org/services/Behavioral-Health/center-for-recovery.cfm

**Saint Mary's Hospital**

**Addiction Services Clinic**
76 Guy Park Avenue, Amsterdam, NY  
(518) 843-4410  
http://www.smha.org/services/addiction.cfm

**Saint Peter’s Addiction Recovery Center (SPARC)**
Outpatient clinics offering treatment for substance abuse to adults, adolescents and families. For evaluation information call:  
845 Central Avenue, Albany, NY  
(518) 482-2455
Saint Peter’s Addiction Recovery Center (SPARC) (continued)

64 Second Avenue, Albany, NY
(518) 449-5170

55 Mohawk Street, Cohoes, NY
(518) 235-1100

636 New Loudon Road, Latham, NY
(518) 783-5381

2925 Hamburg Street, Schenectady, NY
(518) 357-2909

125 High Rock Avenue, Saratoga, NY
(518) 885-6884

Other Services

Drinking Driver Program
(518) 525-1612

Shelter Plus Care
(518) 449-5170
http://www.sphcs.org/OutpatientRehabilitation
Residential Services

The Addictions Care Center of Albany
Safe, supervised housing and recovery programs for men and women who are in the early to later stages of recovery.
90 McCarty Avenue, Building 2, Albany, NY
(518) 434-8083
http://theacca.net/

Saint Peter's Addiction Recovery Center (SPARC)
Men's Community Residence
Halfway house designed to treat individuals recovering from alcoholism or drug addiction who need environmental support and guidance to promote ongoing sobriety and healthy living.
64 Second Avenue, Albany, NY
(518) 463-6044
http://www.sphcs.org/OutpatientRehabilitation

Transitional Services Association
Hedgerow House
Halfway house designed to treat individuals recovering from alcoholism or drug addiction.
994 Route 67, Ballston Spa, NY
(518) 885-3872
http://tsa-inc.org/our-programs/hedgerow-house/
820 River Street, Inc.

Provides two levels of residential and case management services that include a variety of certified residences, supportive living environments, and transitional and independent housing for individuals recovering from substance abuse disorders.

Granville Community Residence (for women) – (518) 642-9341

13 Crandall Street Community Residence (for men) – (518) 743-0475

Lawrence Street Supported Apartments – (518) 761-4104

http://pyhit.com/

Mental Health Services

Community Support Services

Glens Falls Hospital

Coordinated Children's Services Initiative (CCSI)

Assists in coordinating comprehensive services in the community to reduce out-of-home placements for emotionally disturbed children.

16 Pearl Street, Glens Falls, NY

(518) 926-7240

http://www.glensfallshospital.org/
Glens Falls Hospital
Family Support Services
Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.
1 Lawrence Street, Glens Falls, NY
(518) 926-7068
http://www.glensfallshospital.org/

Glens Falls Hospital Health Home
Care Coordination Program
Provides care coordination services to Medicaid funded adults with medical and psychiatric illness to assist with improving their healthcare.
16 Pearl Street, Suites 202-205, Glens Falls, NY
(518) 926-7240 • 1-855-414-4663
http://www.glensfallshospital.org/

Office of Community Services for Warren and Washington Counties
Single Point of Access (SPOA)
Process for review of referrals for high-intensity mental health services, including case management and residential services.
230 Maple Street, Suite 1, Glens Falls, NY
(518) 792-7143
http://warrencountyny.gov/mhcs
Office of Community Services for Warren & Washington Counties

Assisted Outpatient Treatment (AOT)
Process for investigation and petitioning of court-ordered Assisted Outpatient Treatment (AOT) for certain adults with mental illness who meet the eligibility criteria.
230 Maple Street, Glens Falls, NY
(518) 792-7143
http://warrencountyny.gov/mhcs

Parsons Child and Family Center

Home and Community Based Services Waiver (HCBSW)
Program provides intensive in-home services to the families of children with severe emotional disturbances in order to reduce hospitalizations or out-of-home placements.
102 Hackett Boulevard, Albany, NY
(518) 431-1663
http://www.parsonscenter.org/

Warren-Washington Association for Mental Health, Inc.

Dual Recovery Program
Program assists and provides individual and group support to adults that have serious mental illness and co-occurring alcohol and substance abuse disorders.
Care Coordination Program
Program assists adults and children who have serious mental illness to obtain medical, social, psychosocial, educational, financial and vocational services. Individuals with co-occurring alcohol and/or substance abuse may also be served by this program.
230 Maple Street, Suite 2, Glens Falls, NY
(518) 793-2352
http://www.wwamh.org/

Crisis Services
Glens Falls Hospital Emergency Care Center
Emergency and Forensic Consultation Service
Crisis consultations are provided on site 7 days a week, 24 hours a day, 365 days a year.
100 Park Street, Glens Falls, NY
(518) 926-3237
http://www.glensfallshospital.org/

Parsons Child and Family Center
Orissa Healy House
Short-term crisis residence serving children ages 5 to 11 who cannot remain in their home due to psychiatric instability, but do not require acute care.
62 Academy Street, Albany, NY
(518) 426-2626
http://www.parsonscenter.org/
**Veteran’s Crisis Line Website**

The Veteran’s Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

www.veteranscrisisline.net/

**Warren/Washington Homeless Youth Coalition**

**WAIT House - Help For Homeless Youth**

WAIT House Mission - To provide stability to youth who present themselves as homeless. This will be accomplished through the immediate provision of coordinated services; reunification of families where appropriate; the provision of supervised emergency and transitional housing, with the goal of personal responsibility and self-sufficiency.

10-12 Wait Street, Glens Falls, NY
24/7 Phone: (518) 798-4384
http://www.hycwaithouse.org/

**Inpatient Services**

**Capital District Psychiatric Center**

Acute and intermediate inpatient care for adults 18 years or older.

75 New Scotland Avenue, Albany, NY
(518) 549-6000
Ellis Medicine Mental Health Services
Adolescent Treatment Center
Acute inpatient services for adolescents aged 11 to 18 years of age.
1101 Nott Street, Schenectady, NY
(518) 243-4411

Inpatient Care
Acute inpatient services for patients who are 18 years and older.
1101 Nott Street, Schenectady, NY
(518) 243-4224
http://www.ellismedicine.org/services/mental-health.aspx

Four Winds Saratoga
Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.
30 Crescent Avenue, Saratoga Springs, NY
(518) 584-3600
http://www.fourwindshospital.com/

Glens Falls Hospital
Acute inpatient unit for adults 18 years of age and older.
100 Park Street, Glens Falls, NY
(518) 926-3265
http://www.glensfallshospital.org/
Outpatient Clinic Services

Adirondack Psychological Health Services
Services offered include evaluations, consultation, psychotherapy, hypnosis, biofeedback, and pain management.
478 Glen Street, Glens Falls, NY
(518) 792-1410

Adirondack Samaritan Counseling Center
Offers individual and family counseling, as well as anger management for adults and teens.
15 Boulevard, Hudson Falls, NY
(518) 747-2994
http://www.adirondacksamaritan.org/

Capital District Psychiatric Center
North Satellite Clinic
Offers individual counseling for children and teenagers, ages 5 to 18.
Hudson Falls High School
80 East LaBarge Street
Hudson Falls, NY
(518) 681-4267
Glen Street Satellite Clinic
Offers individual counseling for children and teenagers, ages 5 to 18.
100 Glen Street
Glens Falls, NY
(518) 223-0788

Catholic Charities
Offers individual and family counseling, as well as counseling and support for victims of domestic violence.
35 Broad Street, Glens Falls, NY
(518) 793-6212
http://catholiccharitiesusa.org/

Ellis Medicine Mental Health Services
Child and Adolescent Outpatient Services
Outpatient mental health program serves patients ages 4 to 18.
624 McClellan Street, Suite 202, 2nd Floor, Schenectady, NY
(518) 382-2271
Outpatient Mental Health Clinic/Personalized Recovery Oriented Services for Adults and Young Adults
Outpatient mental health program serves Medicaid or uninsured patients who are 18 years or older.
1101 Nott Street, Schenectady, NY
(518) 243-3300
http://www.ellismedicine.org/services/mental-health.aspx

Four Winds Saratoga
Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.
30 Crescent Avenue, Saratoga Springs, NY
(518) 584-3600
http://www.fourwindshospital.com/

Glens Falls Hospital
Behavioral Health Services: Adult Outpatient Center
Provides adults with a range of outpatient mental health treatment services, including psychiatric assessment and treatment.
100 Park Street, Glens Falls, NY
(518) 926-3210
http://www.glensfallshospital.org/
**Glens Falls Hospital**  
**Center for Children and Families**  
Provides children, adolescents, and their families with a range of outpatient mental health services, including psychiatric assessment, treatment, and short term services for residents of Warren and Washington Counties.  
One Lawrence Street, Glens Falls, NY  
(518) 926-7100  
http://www.glensfallshospital.org/  

**Glens Falls Hospital**  
**Intensive Day Treatment Program**  
Provides a structured, intensive, outpatient treatment for adults with severe mental illness.  
One Lawrence Street, Lower Level, Glens Falls, NY  
(518) 926-7220  
http://www.glensfallshospital.org/
Hudson Headwaters Health Network

Offers a range of pediatric, adult, and geriatric behavioral health services - including mental health screenings to identify patients at risk, psychiatric evaluations, medication management, counseling and case management, as an extension of primary care services for network patients. Call your Hudson Headwaters Health Center for more information.

Bolton Health Center .................................... (518) 644-9471
Chester-Horicon Health Center .................... (518) 494-2761
Fort Edward Kingsbury Health Center .......... (518) 824-8630
Health Center on Broad St. (Glens Falls)..... (518) 792-2223
Indian Lake Health Center .......................... (518) 648-5707
Moreau Family Health ............................... (518) 761-6961
Moriah Health Center ................................. (518) 942-7123
North Creek Health Center ........................... (518) 251-2541
North Country Family Health (Champlain). . (518) 298-2691
North Country OB/GYN (Glens Falls)........... (518) 792-7841
Queensbury Family Health .......................... (518) 798-6400
Schroon Lake Health Center ....................... (518) 532-7120
Ticonderoga Health Center .......................... (518) 585-6708
Warrensburg Health Center ........................... (518) 623-2844
West Mountain Primary Care (Queensbury). . (518) 824-8610

http://www.hhhn.org/

Psychotherapy Center

Offers a range of psychiatric and psychotherapy health services which includes evaluations, consultations, and counseling.

597 Bay Road, Queensbury, NY
(518) 793-1160
**Psychological Associates**  
Offers a range of psychological health services which includes evaluations, consultation, and counseling.  
551 Bay Road, Queensbury, NY  
(518) 798-4056

**Saratoga Psychological Associates**  
Offers a range of psychological health services which includes evaluations, consultation, and counseling.  
1 West Avenue, Suite 205, Saratoga Springs, NY  
(518) 587-0499  
632 Plank Road, Clifton Park, NY  
(518) 587-0499  
50 Century Drive, Latham, NY  
(518) 783-1063  
711 Troy Schenectady Road, Latham, NY  
(518) 783-1063  
**St. Anne Institute**
Provides specialized evaluation and services, including family, individual, and group treatment.
77 Main Street, Hudson Falls, NY
(518) 747-7561
Intake and referral: (518) 437-6619
http://stanneinstitute.com/

**Warren-Washington Association for Mental Health, Inc.**
**Caleo Counseling Services**
Clinic provides children, adolescents and adults with a range of outpatient mental health services.
3043 State Route 4, Hudson Falls, NY
(518) 747-8243
http://www.wwamh.org/

**Residential Services**
**Parsons Child and Family Center**
**Miriam House**
Community residence serves adolescents ages 12-17, focusing on the development of life skills and preparation for community living.
64 Academy Road, Albany, NY
(518) 426-2625
http://www.parsonscenter.org/
Warren-Washington Association for Mental Health, Inc.
Residential programs include licensed and transitional group homes and single site and scattered site apartments programs. Permanent housing is available through the Supported Housing Program and assists adults in locating and maintaining their own permanent housing. The Housing First Program provides permanent apartments to homeless individuals in an 18 unit apartment building.

3043 State Route 4, Hudson Falls, NY
(518) 747-2284
http://www.wwamh.org/

Social/Recreational Programs

Glens Falls Hospital
Family Support Services
Program offers respite and recreation care, sibling support, and a life skills/supported work program for seriously emotionally disturbed children and adolescents.
One Lawrence Street, Glens Falls, NY
(518) 926-7068
http://www.glensfallshospital.org/
Warren-Washington Association for Mental Health, Inc.
East Side Center
Adult psychiatric rehabilitation program supports personal growth in various areas of life. Well-being and rehabilitation are supported through vocational and pre-vocational programs, supportive counseling, recreation and socialization activities, educational training, and health workshops.
230 Maple Street, Glens Falls, NY
(518) 793-4799
http://www.wwamh.org/

Vocational Services
Community, Work and Independence (CWI)
Competitive Edge
Full service employment agency specializes in job placement and job retention services for individuals with disabilities.
10 Harlem Street, Glens Falls, NY
(518) 793-4700
http://www.cwinc.org/
Liberty House Foundation
Psychiatric and vocational rehabilitation program utilizes the club house model to serve mentally ill and developmentally disabled individuals.
54 Bay Street, Glens Falls, NY
(518) 798-1066
http://www.libertyhousefoundation.net/

Northeast Career Planning
Provides vocational evaluations, counseling, and job placements, support and job retention services for individuals with disabilities or barriers to employment.
16 Pearl Street, Suite 208, Glens Falls, NY
(518) 812-0280
http://www.northeastcareer.org/

Warren-Washington Association for Mental Health
Project C.H.O.I.C.E. (Creating Healthy Opportunities for Individual Choices in Employment)
Twelve-week vocational program assists individuals in making important decisions about working. Time is spent taking stock of personal values and characteristics that have a significant impact on success in the workplace. Work preferences are examined to help individuals make choices that are likely to lead to satisfaction and success.
230 Maple Street, Glens Falls, NY
(518) 793-4799
http://www.wwamh.org/
Developmental Disabilities Services

AIM Services, Inc.
Dedicated to supporting the “power of potential” in people with disabilities.
4227 Route 50, Saratoga Springs, NY
(518) 587-3208
http://www.aim-services.blogspot.com/

NYSARC, Inc. – Warren, Washington, Albany Counties Chapter
Provides residential services, day program services, service coordination, parent/family advocacy training, respite services, employment opportunities and community-based Medicaid waiver services to individuals with intellectual and other disabilities in Warren, Washington, and Albany Counties.
436 Quaker Road, Queensbury, NY
(518) 793-4204
http://www.wwarc.org/wwarc.org/Welcome.html

Battenkill Community Services
Provides day habilitation, respite, and supported employment.
336 State Route 29, Greenwich, NY
(518) 692-2819
**Capital District DDSO**
Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, employment programs, and adaptive equipment.
3 Care Lane, Saratoga Springs, NY (Saratoga County)
(518) 583-2810
100 Glen Street, Suite 2D, Glens Falls, NY (Warren/Washington Counties)
(518) 743-0158

**Catholic Charities Disabilities Services**
Provides residential services, in-home waiver services and support, service coordination, in-home respite, innovative day services, and specialized services for individuals with Prader-Willi Syndrome. Service coordination to individuals with traumatic brain injuries is also available.
1 Park Place, Suite 200, Albany, NY
(518) 783-1111
http://ccdservices.org/

**Center for Disability Services**
Provides service coordination.
314 South Manning Boulevard, Albany, NY
(518) 437-5700
http://www.cfdsny.org/htmlweb/cfdshome2.html
Community, Work, and Independence, Inc. (CWI)
Provides day programs, service coordination, employment programs, transitional services, clinical services, home and community-wavier services, family support, respite, residential services and assistance accessing adaptive equipment.
PO Box 303, 37 Everts Avenue, Glens Falls, NY
(518) 793-4700
http://www.cwinc.org/

Epilepsy Foundation of Northeastern NY
Provides information and referral, service coordination, advocacy, counseling, and school and community education.
Three Washington Square, Albany, NY
(518) 456-7501
http://old.epilepsyfoundation.org/local/efneny/#.UpYdnVp3vcs

Southern Adirondack Independent Living Center (SAIL)
Empowers individuals with disabilities by promoting independence, dignity, access, and respect. Provides advocacy, peer monitoring, equipment loans, accessibility counseling, computer training, and health insurance counseling.
71 Glenwood Avenue, Glens Falls, NY
(518) 792-3537
http://www.sail-center.org/
Liberty House Foundation
Provides day programs and employment assistance.
54 Bay Street, Glens Falls, NY
(518) 798-1066
http://www.libertyhousefoundation.net/

Prospect Center
Licensed diagnostic and treatment center and fully accredited educational facility offering multi-faceted services for at-risk and developmentally disabled individuals. Services provided include a range of medical, educational, early intervention, residential, family support and evaluation services.
133 Aviation Road, Queensbury, NY
(518) 798-0170
http://www.prospectcenter.com/

Vanderheyden, Inc.
Provides housing and residential services, educational services, service coordination, family support, respite, and camp/recreation programs.
P.O. Box 219, Wynantskill
(518) 283-6500
https://www.vanderheydenhall.org/index.php
Wildwood Programs, Inc.
Provides day programs, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, camp/recreation programs, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

2995 Curry Road Extension, Schenectady, NY
(518) 836-2300
http://www.wildwood.edu/
On the Web

American Academy of Child & Adolescent Psychiatry:  www.aacap.org
American Psychological Association:  www.apa.org
Center for Disease Control:  www.cdc.gov
Geriatric Mental Health Alliance of New York:  www.mhawestchester.org/advocates/geriatrichome.asp
Mental Health America:  www.NHMA.org
National Alliance on Mental Illness:  www.nami.org
National Council for Community Behavioral Health:  www.thenationalcouncil.org
National Institute of Mental Health:  www.nimh.nih.gov
New York State Office of Mental Health:  www.omh.ny.gov
New York State Office of Alcoholism & Substance Abuse Services:  www.oasas.ny.gov
New York State Office for People with Developmental Disabilities:  www.opwdd.ny.gov
Statewide Caregiving & Respite Coalition of New York:  www.scrcny.org
Substance Abuse and Mental Health Services Administration:  www.samhsa.gov
Veteran’s Crisis Line Website:  www.veteranscrisisline.net
By Phone

AIDS Council of Northeastern NY: (518) 445-2437
Al-Anon/Alateen Hotline (for young people who are the relatives and friends of problem drinkers): 1-800-344-2666
Glens Falls VA Primary Care Clinic: (518) 798-6066
National Association for Children of Alcoholics: 1-888-55-4COAS
National Child Abuse Hotline: 1-800-799-7233
National Runaway Hotline: 1-800-621-4000
NYS Domestic Violence Hotline: 1-800-942-6906
Sexual Assault & Abuse Hotline: 1-800-656-HOPE (4673)
Suicide Prevention Hotline: 1-800-273-TALK (8255) Veteran’s Press 1
United Way Northeast Region: 211
Upstate New York Poison Center: 1-800-222-1222
Warren County Sheriff: (518) 743-2500
Washington County Sheriff: (518) 746-2475

Messaging

Veteran’s Crisis Line: Text to 838255
Need Further Guidance?
Contact the Council for Prevention, Inc. at (518) 746-1527

The Mental Health & Wellness Resource Guide was revised by the Council for Prevention, Inc.
For additional copies, please call (518) 746-1527 or email allisonreynolds@councilforprevention.org