

Name _____

Directions: Read each sentence and find the word in the word bank that matches the picture.
Write the word in the blank.

1. The _____  is a star that helps everything on Earth live and grow.

2. Too much _____ (UV) light from the sun can hurt your skin and eyes.

3. If you stay in the sun too long without protection you can get a _____ 

4. To protect your skin from the sun put on _____  with an SPF 15.

5. _____  protect your eyes from the sun's UV rays.

6. Wear a _____  hat to protect your ears, neck and face from the sun.

7. When you are at the beach use an _____  to protect you from the sun.

8. _____  make shade that helps protect you from the sun.

9. Remember even on a _____  day you can get a sunburn.

10. When you play outside in the sun try to cover up with a long-sleeved _____  and pants.

11. When you are _____  you need to be put sunscreen on every two hours to keep you safe from the sun.

12. Being sun _____  is easy just remember to slip on the right clothes, slap on a wide brimmed hat, slap on sunscreen, and wrap on a pair of sunglasses.

Word Bank

Trees

Swimming

Shirt

Sunburn

Wide-brimmed

Smart

Cloudy

Ultraviolet

Sunglasses

Umbrella

Sunscreen

Sun