

# *Test Your Knowledge About Ticks & Lyme Disease*



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- \_\_\_\_\_    \_\_\_\_\_ Any tick can give a person Lyme Disease.
- \_\_\_\_\_    \_\_\_\_\_ Left untreated Lyme Disease can cause several health problems.
- \_\_\_\_\_    \_\_\_\_\_ Ticks are able to fly, jump or drop onto passing people or animals.
- \_\_\_\_\_    \_\_\_\_\_ The first symptoms of Lyme Disease can take up to a month to show up.
- \_\_\_\_\_    \_\_\_\_\_ The first signs and symptoms of Lyme Disease are usually a rash.
- \_\_\_\_\_    \_\_\_\_\_ To remove a tick you should use a hot match, lighter, or pour alcohol on it.
- \_\_\_\_\_    \_\_\_\_\_ It is possible to get a tick from a pet.
- \_\_\_\_\_    \_\_\_\_\_ A well maintained lawn and landscape can reduce the number of ticks your family comes in contact with.
- \_\_\_\_\_    \_\_\_\_\_ Insect repellents offer no protection against ticks.
- \_\_\_\_\_    \_\_\_\_\_ Lyme Disease is preventable even if you have to work in areas where ticks are present.

Answers are on the back

*For more information about Lyme Disease and please Contact Warren County Health Services 761-6580*

## Answers

1. **False** – only deer ticks (black legged ticks) are known to give people Lyme Disease.
2. **True** – Lyme disease when treated early is almost 100% curable. However, waiting to get treat may lead to lasting problems like chronic arthritis or heart or central nervous system problems.
3. **False** – Ticks attach to their host through close contact they cannot fly jump or drop onto people.
4. **True** – Signs and symptoms for Lyme disease can take anywhere from 3 – 30 days to appear, so you should monitor any bites for about 1 month.
5. **True** – A bulls-eye type rash is seen in 60-80% of people infected with Lyme disease.
6. **False** – Tweezers should be used to grasp the tick as close to the skin as possible and pull straight up trying not to jerk, twist or crush the tick.
7. **True** – Ticks can be passed from pets to people especially if the animal is allowed to sleep with people.
8. **True** – It is possible to reduce the number of ticks around your home with proper lawn maintenance and landscaping for tips go to [www.cdc.gov/lyme/prev/in\\_the\\_yard.html](http://www.cdc.gov/lyme/prev/in_the_yard.html)
9. **False** – Insect repellents offer some protection against ticks that carry Lyme disease. Caution: be sure to read directions carefully before using insect repellents
10. **True** – It is possible to prevent Lyme disease if you just follow some basic precautions.